

You've Got to Study

Yes, you have to study!!! That's how you pass a class. Here are a few tips that will help you out...

- Study in a quiet place.
- Manage your time with a schedule or a planner.
- Use mnemonics to help you remember information. *Ex. "My Very Eager Mother Just Served Us Nine Pizzas" stands for: 9 Planets in Order: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune & Pluto.*
- Take breaks. Get up & move around.
- Eat a balanced diet. Lay off all the sweets & Coke!!!
- Exercise!!!!
- Sleep!!! 8 hours a day doesn't hurt anyone.